



NUTRACEUTICALS

1429 W Elna Rae #104, Tempe, AZ 85281

Certificate of Analysis

Product Name:	Cognitive Mushroom Cap	Ingredients: Reishi Mushroom Powder(fruiting body), Lions Mane Mushroom Powder(fruiting body), Chaga Mushroom Powder(sporocarp), Cordyceps Mushroom(sporocarp), Maitake Mushroom(fruiting body), L-Theanine, L-Taurine, Huperzine A (whole herb), Caffeine(from Green Tea), Vitamin B-12 (methylcobalamin), Vegetable Cellulose, Vegan Magnesium Stearate
Lot Number:	2501002	
Customer:	Provida Health	
Manufacturing Date:	04/25	
Country of Origin:	USA	

PHYSICAL/ORGANOLEPTIC ANALYSIS

Analysis	Specification	Result	Method
Tablet/Capsule Size / Shape	Clear HPMC Capsule 00	Conform	In-House/Organoleptic
Tablet/Capsule Color	Clear tan powder	Conform	In-House/Organoleptic
Weight Variation	9.27 High/9.95 Low	9.87gr/10 tabs	USP <2091>
Thickness	n/a	n/a	In-House/Organoleptic
Hardness	n/a	n/a	USP <1217>
Dissolution	NMT 60 minutes	45 minutes	USP <711>
Friability	NMT 1% / 100 revs	0.00%	USP <1216>
Loss on Drying	NMT 4.00%	0.15%	USP <731>

MICROBIOLOGY ANALYSIS

	Specification	Result	Method
Total Aerobic Plate Count	<10,000 cfu/g	<1,000 cfu/g	AOAC 990.12, FDA BAM, Petrifilm
Coliform	<100 cfu/g	<30 cfu/g	AOAC 911.14, FDA BAM, Petrifilm
Enterobacteriaceae	<100 cfu/g	<20 cfu/g	AFNOR validated method 3M 01/06 09/97
E. coli	None Present	None Detected	AOAC 991.14, FDA BAM, Petrifilm
S. aureus	None Present	None Detected	PPRC Appendix VII C, FDA BAM Petrifilm
Yeast & Mold	<100 cfu/g	<20 cfu/g	AOAC 997.02, FDA BAM, Petrifilm

M. Alapizco

04/10/25

Date

Quality and Compliance Manager